

## Medical Policy Manual **Approved Rev: Do Not Implement until 8/30/24**

### Remdesivir (Veklury®) as an Outpatient Treatment of COVID-19 (Intravenous)

#### IMPORTANT REMINDER

We develop Medical Policies to provide guidance to Members and Providers. This Medical Policy relates only to the services or supplies described in it. The existence of a Medical Policy is not an authorization, certification, explanation of benefits or a contract for the service (or supply) that is referenced in the Medical Policy. For a determination of the benefits that a Member is entitled to receive under his or her health plan, the Member's health plan must be reviewed. If there is a conflict between the medical policy and a health plan or government program (e.g., TennCare), the express terms of the health plan or government program will govern.

**Note: This policy addresses the use of Remdesivir (Veklury®) in the outpatient setting.**

#### POLICY

- Remdesivir (Veklury®) for the treatment of high-risk, non-hospitalized patients with mild to moderate coronavirus disease 2019 (COVID-19) is considered **medically necessary** if the medical appropriateness criteria are met. (See Medical Appropriateness below.)

#### CRITERIA FOR INITIAL APPROVAL

- **For adults and pediatric members (birth to less than 18 years of age weighing at least 1.5 kg): AND**
- Mild to moderate COVID-19 who are at high risk of progression\* to severe disease; **AND**
- Positive results of direct severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) confirmed by molecular test (e.g., PCR, NAAT, etc.); **AND**
- The treatment course of remdesivir should be initiated as soon as possible after diagnosis of symptomatic COVID-19 has been made and within 7 days of symptom onset: **AND**
- Hepatic function and PT have been taken prior to starting Remdesivir and will be monitored while receiving therapy as clinically appropriate.

\* *high risk of progression (e.g., obesity, diabetes mellitus, hypertension, immune compromise, chronic lung disease etc.) or age 60 years or older*

#### RENEWAL CRITERIA

Coverage cannot be renewed.

#### DOSAGE/ADMINISTRATION

*(Remdesivir may only be administered in a healthcare or hospital setting where severe hypersensitivity reactions, such as anaphylaxis, can be managed at a similar level of care as an inpatient setting **refer to prescribing information for dosing and administration**)*

#### LENGTH OF AUTHORIZATION

Coverage will be provided for 3 infusions and may not be renewed.

#### APPLICABLE TENNESSEE STATE MANDATE REQUIREMENTS

BlueCross BlueShield of Tennessee's Medical Policy complies with Tennessee Code Annotated Section 56-7-2352 regarding coverage of off-label indications of Food and Drug Administration (FDA) approved drugs when the off-

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label use is recognized in one of the statutorily recognized standard reference compendia or in the published peer-reviewed medical literature.

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### ADDITIONAL INFORMATION

For additional information, also see:

FDA's approval of Veklury (remdesivir) for the treatment of COVID-19—The Science of Safety and Effectiveness [https://www.fda.gov/emergency-preparedness-and-response/mcm-legal-regulatory-and-policy-framework/emergency-use-authorization-archived-information#:~:text=hospitalization%20or%20death,-.For%20additional%20information%2C%20also%20see%3A%20FDA%E2%80%99s%20approval%20of%20Veklury%20\(remdesivir\)%20for%20the%20treatment%20of%20COVID%2D19%E2%80%94The%20Science%20of%20Safety%20and%20Effectiveness,-Federal%20Register%20notices](https://www.fda.gov/emergency-preparedness-and-response/mcm-legal-regulatory-and-policy-framework/emergency-use-authorization-archived-information#:~:text=hospitalization%20or%20death,-.For%20additional%20information%2C%20also%20see%3A%20FDA%E2%80%99s%20approval%20of%20Veklury%20(remdesivir)%20for%20the%20treatment%20of%20COVID%2D19%E2%80%94The%20Science%20of%20Safety%20and%20Effectiveness,-Federal%20Register%20notices)

EUA –Archived Information <https://www.fda.gov/emergency-preparedness-and-response/mcm-legal-regulatory-and-policy-framework/emergency-use-authorization-archived-information#:~:text=Authorization%2D%2DArchived%20Information,-Emergency%20Use%20Authorization%2D%2DArchived%20Information,-Share>

### REFERENCES

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2. COVID-19 Treatment Guidelines Panel. Coronavirus Disease 2019 (COVID-19) Treatment Guidelines. National Institutes of Health. *The COVID-19 Treatment Guidelines Panel's Statement on Therapies for High-Risk, Non-hospitalized Patients With Mild to Moderate COVID-19; Sections: Therapeutic Management of Nonhospitalized Adults with Covid 19, Therapeutic Management of Nonhospitalized Children with Covid 19* updated February 29, 2024 Available at <https://www.covid19treatmentguidelines.nih.gov/>. Accessed April 8, 2024.
3. Gottlieb RL, Vaca CE, Paredes R, et al. Early Remdesivir to Prevent Progression to Severe Covid-19 in Outpatients. N Engl J Med 2021: Available at: <https://doi.org/10.1056/nejmoa2116846>
4. Lexicomp Online. (2024, April). AHFS DI. Remdesivir. Retrieved April 2024 from Lexicomp Online with AHFS.
5. MICROMEDEX Healthcare Series. Drugdex Evaluations. (2024, March). Remdesivir. Retrieved April 2024
6. U. S. Food and Drug Administration. (2024, February). Center for Drug Evaluation and Research. Product Information. VEKLURY® (remdesivir) for injection, for intravenous use. Retrieved March 2024 from [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2020/214787Orig1s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2020/214787Orig1s000lbl.pdf)
7. <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medicalconditions.html>. Healthcare providers should consider the benefit-risk for an individual patient.
8. U.S. Food and Drug Administrations (FDA). Press Announcements. <https://www.fda.gov/news-events/press-announcements/fda-takes-actions-expand-use-treatment-outpatients-mild-moderate-covid-19>. Retrieved January 25, 2022



BlueCross BlueShield  
of Tennessee

# *Policy*

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9. U.S. Food and Drug Administrations (FDA) - EUA –Archived Information <https://www.fda.gov/emergency-preparedness-and-response/mcm-legal-regulatory-and-policy-framework/emergency-use-authorization-archived-information#:~:text=Authorization%2D%2DArchived%20Information-,Emergency%20Use%20Authorization%2D%2DArchived%20Information,-Share> Retrieved January 25, 2022

**EFFECTIVE DATE** 8/30/2024

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